

CLASS SCHEDULE

Champions: Ages 3 – 6 Years Old | Juniors: Ages 7 – 12 Years Old | Adults: Ages 13 – 80 Years Old

1. ALL classes will be **30 minutes long**, but more options have been added. This is to reduce class size and increase flexibility.
2. All classes will be **split up by rank only**. This is also an effort to reduce class size and minimize confusion.
3. Students should still attend at least one "A" Day and one "B" Day / week. All students may attend **up to 3 classes per week**.
4. One class will be allowed in the school at a time. 10 minutes into each class **we will lock the front door**. Once the class finishes, we will let those students out first THEN welcome the next class in.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
A Day	A Day	B Day	B Day	B Day	A Day	
	ADULT All Belts (12:00-1:00pm)		ADULT All Belts (12:00-1:00pm)		BLACK BELT TEST PREP (For Candidates Only) (8:15 – 8:45am)	
Private Lessons (3:30 – 4:00pm)	Private Lessons (3:30 – 4:00pm)	Private Lessons (3:30 – 4:00pm)	Private Lessons (3:30 – 4:00pm)	Private Lessons (3:30 – 4:00pm)		
CHAMPIONS BASIC (4:15 – 4:45pm)	CHAMPIONS BBC (4:15 – 4:45pm)	CHAMPIONS BASIC (4:15 – 4:45pm)	CHAMPIONS BBC (4:15 – 4:45pm)	JUNIOR White to Yellow Belt (4:15 – 4:45pm)	CHAMPIONS BBC (9:00-9:30am)	
CHAMPIONS BBC (5:00 – 5:30pm)	CHAMPIONS BASIC (5:00 – 5:30pm)	CHAMPIONS BBC (5:00 – 5:30pm)	CHAMPIONS BASIC (5:00 – 5:30pm)	JUNIOR Green St. – Red Stripe (5:00 – 5:30pm)	JUNIOR White – Yellow Belt (9:45 – 10:15am)	ADULT Colored Belts (9:45 – 10:15am)
JUNIOR White to Yellow Belt (5:45 – 6:15pm)	JUNIOR Green St. – Red Stripe (5:45 – 6:15pm)	JUNIOR White to Yellow Belt (5:45 – 6:15pm)	JUNIOR Green St. – Red Stripe (5:45 – 6:15pm)	JUNIOR Red – Black Belt (5:45 – 6:15pm)	JUNIOR Green St. – Red Stripe (10:30 – 11:00am)	ADULT Black Belt & Up (10:30 – 11:00am)
JUNIOR Green St. – Red Stripe (6:30 – 7:00pm)	JUNIOR Red – Black Belt (6:30 – 7:00pm)	JUNIOR Green St. – Red Stripe (6:30 – 7:00pm)	JUNIOR Red – Black Belt (6:30 – 7:00pm)	CORE Leadership Team (Invitation Only) (6:30 – 7:00pm)	JUNIOR Red – Black Belt (11:15 – 11:45am)	
JUNIOR Red – Black Belt (7:15 – 7:45pm)	JUNIOR White to Yellow Belt (7:15 – 7:45pm)	JUNIOR Red – Black Belt (7:15 – 7:45pm)	JUNIOR White to Yellow Belt (7:15 – 7:45pm)			
ADULT Black Belt & Up (8:00 – 8:30pm)	ADULT Colored Belts (8:00 – 8:30pm)	ADULT Black Belt & Up (8:00 – 8:30pm)	ADULT Colored Belts (8:00 – 8:30pm)			
ADULT Colored Belts (8:45 – 9:15pm)	ADULT Black Belt & Up (8:45 – 9:15pm)	ADULT Colored Belts (8:45 – 9:15pm)	ADULT Black Belt & Up (8:45 – 9:15pm)	Reserved for Parent's Night Out Events, Buddy Night Events, and Specialty Team Training	Reserved for Private Lessons, Birthday Parties, Pizza Parties, and Special Seminars	