



Master Khechen's  
**MARTIAL ARTS**  
 and Fitness Academy

1630 Hopkins Rd. - Williamsville, NY 14221 • 716-688-8878 • [www.masterkhechen.com](http://www.masterkhechen.com)

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday                                       |
|---|---|---|---|--|--|
| A Day   |   | B Day   |   |  | A Day  |
| Champions<br>4:30 - 5:00<br>(BBC stay 15 extra minutes) | Green Stripe -<br>Red Stripe<br>4:30 - 5:15             | Champions<br>4:30 - 5:00<br>(BBC stay 15 extra minutes) | Black Belt Club<br>(Green St. and Up)<br>4:30 - 5:15    | Master Club<br>4:30 - 5:15                           | Adult Class<br>9:00am - 9:45am                 |
| Red Belt -<br>Black Belt<br>5:20 - 6:05                 | Champions<br>5:20 - 5:50<br>(BBC stay 15 extra minutes) | Master Club<br>5:20 - 6:05                              | Champions<br>5:20 - 5:50<br>(BBC stay 15 extra minutes) | Black Belt Club<br>(Green St. and Up)<br>5:15 - 6:00 | Champions<br>9:45am - 10:30                    |
| Green Stripe -<br>Red Stripe<br>6:10 - 6:55             | White Belt -<br>Yellow Belt<br>6:10 - 6:55              | Black Belt Club<br>(Green St. and Up)<br>6:10 - 6:55    | Basic and Black<br>Belt Club Prep<br>6:10 - 6:55        | Leadership<br>Team                                   | White Belt -<br>Yellow Belt<br>10:30am - 11:15 |
| White Belt -<br>Yellow Belt<br>7:00 - 7:45              | Red Belt -<br>Black Belt<br>7:00 - 7:45                 | Basic and Black<br>Belt Club Prep<br>7:00 - 7:45        | Master Club<br>7:00 - 7:45                              | Storm Team   | Green St.-<br>Black Belt<br>11:15am - 12:00    |

|                            |                            |                            |                            |
|----------------------------|----------------------------|----------------------------|----------------------------|
| Adult Class<br>7:45 - 8:30 | Adult Class<br>7:45 - 8:30 | Adult Class<br>7:45 - 8:30 | Adult Class<br>7:45 - 8:30 |
| Adult MC<br>8:30 - 9:00    | Adult BBC<br>8:30 - 9:00   | Adult MC<br>8:30 - 9:00    | Adult BBC<br>8:30 - 9:00   |

**New Schedule  
 Starts  
 January 2<sup>nd</sup>, 2018**

Students are asked to make it to an A - Day and a B - Day once per week.

**Check in on our  
 Facebook!**



We are partners with sweat angels, a company that donates to a different charity every month, every time you check in!

**Check In + Do Good**



[Facebook.com/teamwilliamsville](https://www.facebook.com/teamwilliamsville)

**Have your Birthday Party here!!**



**Parents bring your camera, sit back and enjoy as we do all the work for you!**

Each 90 minute Class includes an exciting martial arts class with lots of fun games and drills! Pizza, drinks, Gift certificates and goodie bags for friends, a T shirt Signed by all your friends, we even supply the invitations!

**Book your birthday party today!!!!**