



**Master Khechen's
Martial Arts Academy**

1630 Hopkins Rd. Williamsville, NY 14221

www.BuffaloKicks.com

716-688-8878

A - Day	
Monday	Tuesday
Instructor Meeting 3:00	Boosters Class 3:30 - 4:00
Champions 4:10 - 4:40	Green Stripe - Red Stripe 4:10 - 4:55
Champions (BBC) 4:10 - 4:55	White Belt - Yellow Belt 5:00 - 5:45
Red Belt - Black Belts 5:00 - 5:45	Champions 5:50 - 6:20
Green Stripe - Red Stripe 5:50 - 6:35	Champions (BBC) 5:50 - 6:35
White Belt - Yellow Belt 6:45 - 7:30	Red Belt - Black Belt 6:45 - 7:30
Adult CORE 7:30 - 8:15	Adult CORE 7:30 - 8:15
Adult MC 8:15 - 8:45	Adult BBC 8:15 - 8:45

B - Day	
Wednesday	Thursday
3:00 - 4:00 Private Lessons	Boosters Class 3:30 - 4:00
Champions 4:10 - 4:40	Black Belt Club 4:10 - 4:55
Champions BBC 4:10 - 4:55	Basic/BBCPrep <i>(White to Yellow Belt)</i> 5:00 - 5:45
Master Club 5:00 - 5:45	Champions 5:50 - 6:20
Black Belt Club 5:50 - 6:35	Champions BBC 5:50 - 6:35
Basic/BBCPrep <i>(White to Yellow Belt)</i> 6:45 - 7:30	Master Club 6:45 - 7:30
Adult CORE 7:30 - 8:15	Adult CORE 7:30 - 8:15
Adult MC 8:15 - 8:45	Adult BBC 8:15 - 8:45

A - Day
Friday
3:00 - 4:00 Private Lessons
White - Green Stripe 4:00 - 4:45
Green - Black Belts 4:45 - 5:30
STORM TEAM 5:30 - 6:15
Reserved 6:15 - 7:00
Reserved 7:00 - 7:45

B - Day
Saturday
Adult CORE (AM) 9:00 - 9:45
Champions 9:45 - 10:30
Basic/BBCPrep <i>(White to Yellow Belt)</i> 10:30-11:15
BBC and MC 11:15 - 12:00
Leadership 12:00 - 12:30
Reserved 12:30 - 2:00

Have your Birthday Party here!!



Parents bring your camera, sit back and enjoy as we do all the work for you!

Each 90 minute Class includes an exciting martial arts class with lots of fun games and drills! Pizza, drinks, Gift certificates and goodie bags for friends, a T shirt Signed by all your friends, we even supply the invitations!

Book your birthday party today!!!!

Students are asked to make it to an A - Day and a B - Day once per week.

Stay Connected Online!

[Facebook.com/teamwilliamsville](https://www.facebook.com/teamwilliamsville)

