





Master Khechen's MARTIAL ARTS ACADEMY

NIAGARA FALLS LOCATION CLASS SCHEDULE

740 E Market St. • Niagara Falls, New York 14301 • (716) 215-6232 • www.buffalokicks.com

NIAGARA FALLS CLASS SCHEDULE					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHAMPIONS - A 4:30 - 5:00 pm (+15min for BBC)	JUNIORS – A Jr. BBC 4:30 - 5:15 pm	CHAMPIONS - B 4:30 - 5:00 pm (+15min for BBC)	JUNIORS – B Junior BBC 4:30 - 5:15 pm		ADULTS 9:00 - 9:45 am
JUNIORS - A Jr. Basic 5:30 - 6:15 pm	CHAMPIONS - A 5:30 - 6:00 pm (+15min for BBC)	JUNIORS – B Jr. Basic 5:30 - 6:15 pm	CHAMPIONS - B 5:30 - 6:00 pm (+15min for BBC)		CHAMPIONS 10:00 - 10:30 am (+15min for BBC)
JUNIORS - A Jr. BBC 6:30 - 7:15 pm	JUNIORS – A Jr. Basic 6:30 - 7:15 pm	JUNIORS – B Jr. BBC 6:30 - 7:15 pm	JUNIORS – B Jr. Basic 6:30 - 7:15 pm	SPECIAL EVENTS 6:00 - 8:30 pm	JUNIORS Jr. Basic 11:00 - 11:45 am
ADULTS - A 7:30 - 8:15 pm (+15min for BBC/MC)	ADULTS - A 7:30 - 8:15 pm (+15min for BBC/MC)	ADULTS - B 7:30 - 8:15 pm (+15min for BBC/MC)	ADULTS - B 7:30 - 8:15 pm (+15min for BBC/MC)		JUNIORS Jr. BBC 12:00 - 12:45 pm
Age Groups: <i>Champions: 3-6yrs Juniors: 7-12yrs Adults: 13 and up</i>					

 <p>HAVE YOUR BIRTHDAY PARTY HERE!! Just bring your camera, sit back and enjoy... We do all the work! Each 90 minute party includes an exciting martial arts lesson with lots of fun games and drills! Pizza and drinks, gift certificates for all kids, and a special gift for the birthday child! Stop by the Front Desk for more details!!</p>	<p>Students should attend at least, 1 'A' class and 1 'B' class each week. <i>'A' Class: Belt Testing Requirements</i> <i>'B' Class: Club Materials/Skills & Drills</i></p> <p>STAY CONNECTED ONLINE!!  Facebook.com/mkniagarafalls</p>
<p style="text-align: center;"><u>Our Student Creed</u></p> <p>I will develop myself in a positive manner and avoid anything that will reduce my mental growth or my physical health.</p> <p>I will develop self-discipline in order to bring out the best in myself and others.</p> <p>I will use what I learn in class constructively and defensively, to help myself and my fellow person, and never to be abusive or offensive.</p> <p style="text-align: center;">We are a Black Belt School! We are dedicated! We are motivated! We are on a quest to be our best! Asah! Asah! Asah!</p>	<p style="text-align: center;"><u>Tae Kwon Do Tenets</u></p> <div style="display: flex; align-items: center; justify-content: space-between;"> <div style="font-size: 2em; font-weight: bold; text-align: center;">태 권 도</div> <div style="text-align: right;"> <p>Courtesy</p> <p>Integrity</p> <p>Self Control</p> <p>Perseverance</p> <p>Indomitable Spirit</p> </div> </div>

