



# Master Khechen's MARTIAL ARTS ACADEMY

## HAMBURG LOCATION CLASS SCHEDULE Effective: July 10<sup>th</sup>, 2017

4154 McKinley Parkway • Hamburg, New York 14219 • (716) 648-3668 • www.buffalokicks.com

CHAMPIONS & JUNIOR CLASS SCHEDULE					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>LITTLE DRAGONS</b> 3:30 – 4:00 pm		<b>LITTLE DRAGONS</b> 3:30 – 4:00 pm		
<b>CHAMPIONS - A</b> 4:30 - 5:00 pm <i>*Extra 15 min for BBC</i>	<b>JUNIORS - A</b> Green Stripe to Red Stripe 4:30 - 5:15 pm	<b>JUNIORS - B</b> Junior Basic 4:30 - 5:15 pm	<b>JUNIORS - B</b> Black Belt Club Masters Club 4:30 - 5:15 pm	<b>JUNIORS - B</b> Black Belt Club Masters Club 4:30 - 5:15 pm	<b>CHAMPIONS - A</b> 9:00 - 9:30 am <i>*Extra 15 min for BBC</i>
<b>JUNIORS - A</b> White to Yellow 5:30 - 6:15 pm	<b>JUNIORS - A</b> Red Belt to Black Belt 5:30 - 6:15 pm	<b>CHAMPIONS - B</b> 5:30 - 6:00 pm <i>*Extra 15 min for BBC</i>	<b>CHAMPIONS - B</b> 5:30 - 6:00 pm <i>*Extra 15 min for BBC</i>	<b>JUNIORS</b> Leadership 5:30 - 6:00 pm	<b>JUNIORS - A</b> White to Yellow 10:00 - 10:45 am
<b>JUNIORS - A</b> Green Stripe to Red Stripe 6:30 - 7:15 pm	<b>JUNIORS - A</b> White Belt to Yellow Belt 6:30 - 7:15 pm	<b>JUNIORS - B</b> Black Belt Club Masters Club 6:30 - 7:15 pm	<b>JUNIORS - B</b> Junior Basic 6:30 - 7:15 pm	<b>DEMO TEAM</b> 6:00 - 7:00 pm	<b>JUNIORS - A</b> Green Stripe and Up 11:00 - 11:45 am

TEENS & ADULT CLASS SCHEDULE					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>ADULTS</b> All Belts Workout 12:00 - 1:00 pm		<b>ADULTS</b> All Belts Workout 12:00 - 1:00 pm		<b>ADULTS B</b> All Belts Workout 12:00 - 1:00 pm
<b>ADULTS - A</b> All Adults 7:30 - 8:15 pm	<b>ADULTS - A</b> All Adults 7:30 - 8:15 pm	<b>ADULTS - B</b> Black Belt Club Masters Club 7:30 - 8:30 pm	<b>ADULTS - B</b> All Adults 7:30 - 8:15 pm		
Green Stripe to Black Belt 8:15 - 8:45 pm	Green Stripe to Black Belt 8:15 - 8:45 pm	<b>SWAT TEAM</b> 8:30 - 8:45 pm	Black Belt Club Masters Club 8:15 - 8:45 pm		



### HAVE YOUR BIRTHDAY PARTY HERE!!

Just bring your camera, sit back and enjoy... We do all the work!

Each 90 minute party includes an exciting martial arts lesson with lots of fun games and drills! Pizza and drinks, gift certificates for all kids, and a special gift for the birthday child!

**Stop by the Front Desk for more details!!**

**Students should attend at least,**

**1 'A' class and 1 'B' class each week.**

'A' Class: Belt Testing Requirements

'B' Class: Club Materials/Skills & Drills

**STAY CONNECTED ONLINE!!**

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