



# Master Khechen's MARTIAL ARTS ACADEMY

## BUFFALO LOCATION CLASS SCHEDULE

Effective: January 1, 2016

1200 Kenmore Avenue • Buffalo, New York 14216 • (716) 875-0560 • buffaloinfo@masterkhechen.com

### CHAMPIONS & JUNIOR CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CHAMPIONS - A</b> 4:30 - 5:00 pm <i>*Extra 15 min for BBC</i>	<b>JUNIORS - A</b> Green Stripe to Red Stripe 4:30 - 5:15 pm	<b>JUNIORS - B</b> Basic / BBC (White to Yellow) 4:30 - 5:15 pm	<b>CHAMPIONS - B</b> 4:30 - 5:00 pm <i>*Extra 15 min for BBC</i>	<b>JUNIORS - B</b> Masters Club 4:30 - 5:15 pm	<b>CHAMPIONS - B</b> 9:00 - 9:30 am <i>*Extra 15 min for BBC</i>
<b>JUNIORS - A</b> White to Yellow Red to Black Belt 5:30 - 6:15 pm	<b>JUNIORS - A</b> Red Belt to Black Belt 5:30 - 6:15 pm	<b>CHAMPIONS - A</b> 5:30 - 6:00 pm <i>*Extra 15 min for BBC</i>	<b>JUNIORS - B</b> Masters Club 5:30 - 6:15 pm	<b>JUNIORS - B</b> Black Belt Club (Green Stripe & Up) 5:30 - 6:15 pm	<b>JUNIORS</b> White Belt to Green Belt 10:00 - 10:45 am
<b>JUNIORS - A</b> Green Stripe to Red Stripe 6:30 - 7:15 pm	<b>JUNIORS - A</b> White Belt to Yellow Belt 6:30 - 7:15 pm	<b>JUNIORS - B</b> Black Belt Club (Green Stripe & Up) 6:30 - 7:15 pm	<b>JUNIORS - B</b> Basic / BBC (White to Yellow) 6:30 - 7:15 pm	<b>C.O.R.E. TEAM</b> 6:30 - 8:00 pm	<b>JUNIORS</b> Blue Stripe to Black Belt 11:00 - 11:45 am

### TEENS & ADULT CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>ADULTS</b> All Belts Workout 12:00 - 1:00 pm		<b>ADULTS</b> All Belts Workout 12:00 - 1:00 pm		<b>ADULTS</b> White Belt to Red Stripe 10:00 - 10:45 am
<b>ADULTS - A</b> Red Belt to Black Belt 7:30 - 8:20 pm	<b>ADULTS - A</b> White Belt to Red Stripe 7:30 - 8:20 pm	<b>ADULTS - B</b> Masters Club 7:30 - 8:20 pm	<b>ADULTS - B</b> Basic Black Belt Club 7:30 - 8:20 pm	<b>C.O.R.E. TEAM</b> 6:30 - 8:00 pm	<b>ADULTS</b> Red Belt to Black Belt 11:00 - 11:45 am
<b>ADULTS - A</b> White Belt to Red Stripe 8:30 - 9:20 pm	<b>ADULTS - A</b> Red Belt to Black Belt 8:30 - 9:20 pm	<b>ADULTS - B</b> Black Belt Club 8:30 - 9:20 pm	<b>ADULTS - B</b> Masters Club 8:30 - 9:20 pm		<b>LEADERSHIP TEAM</b> 12:00 - 1:00 pm

**PLEASE MAKE SURE TO REVIEW OUR SCHOOL RULES AND ETIQUETTE SECTION ON THE BACK OF THIS SHEET**



### HAVE YOUR BIRTHDAY PARTY HERE!!

Just bring your camera, sit back and enjoy... We do all the work!

Each 90 minute party includes an exciting martial arts lesson with lots of fun games and drills! Pizza and drinks, gift certificates for all kids, and a special gift for the birthday child!

**Stop by the Front Desk for more details!!**

### STAY CONNECTED ONLINE!!

 [facebook.com/teambuffalo](https://facebook.com/teambuffalo)

Make sure we have your current email address so we can send you our weekly newsletter, as well as other important event and school updates